



## Quick COVID-19 Resources and New PHIMC Opportunities

Dear Friends,

We understand you may be experiencing information overload at this point with all the statements of need, the endless supply of news, and even opportunities streaming into your inbox. It's certainly true for our team here at PHIMC.

At the same time, we want to be sure you're aware of the following opportunities and resources to support your work during the COVID-19 crisis, so we'll get right to it.

Thank you for your everyday work and support of community health and well-being during this pandemic.

To stay up to date on the most breaking information, local issues, and resources, please visit the [State of Illinois](#) and/or the [City of Chicago](#) Coronavirus Response Center.



Sincerely,

Karen A. Reitan  
President and Chief Executive Officer

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## Funding Opportunities

Financial support for community-based organizations providing services and resources to communities during the COVID-19 pandemic is available through the **Center for Community Health in Northwestern University's Feinberg School of Medicine**. See their [Funding Announcement](#) for details.

The [Chicago Community COVID-19 Response Fund](#), a new partnership between **Chicago Community Trust, City of Chicago, and United Way of Metro Chicago**, supports local non-profit organizations.

A list of [emergency financial resources](#) to help with COVID-19 hardships has been compiled by **Candid/Grantspace**. This includes grants for non-profits, individuals, artists of all disciplines, and small businesses.

# Offer Help, Ask for Help

## • VeggieRx

Immediately after we began sheltering in place, VeggieRx, a program of Proviso Partners for Health, began raising funds to expand and meet the emergency food needs of Maywood residents.

### Need Food?

If you or someone you know in Maywood needs food, please call or text to sign-up at (708) 397-6012, or sign-up online at [bit.ly/maywoodfood](http://bit.ly/maywoodfood). Signing up in advance gives the VeggieRX team the information they need to confirm eligibility before they respond.

### Want to Donate?

You can find more information and [donate here](#).



## • Serve Illinois offers two ways to help during COVID-19: [Volunteer](#) or [Donate Personal Protective Equipment \(PPE\)](#)

# Chicago Frontline Angels

The website for Chicago Frontline Angels has a dark green header. On the left, there's a large white text area with the heading "HELP THE FRONTLINE SAVE CHICAGO'S PEOPLE." Below it, a message says "Healthcare providers need 10,000 N95 masks. They need \$100k QUICKLY." A blue button says "LEARN MORE AND DONATE". To the right is a large, detailed illustration of a healthcare worker wearing a white lab coat, a white mask, and blue gloves, looking down. The text "THE PROBLEM" is on the left, listing challenges like a surge in cases and extreme shortages. "THE SOLUTION" is on the right, stating that N95 masks protect against infection. At the bottom, there's a "Our Commitment" section and social media links for Facebook, Twitter, and LinkedIn.

We are incredibly excited to partner with Chicago Frontline Angels, a grassroots organization working hard and fast to get critical protective gear to Chicago's frontline healthcare workers. They placed an order last week for 4,600 NIOSH certified N95 masks and 1,000 surgical masks which are on their way to Chicago -- and they will continue raising funds, placing orders, and delivering equipment as long as it's needed.

[Learn More](#)

# Racial Disparity in COVID-19 Deaths

By now, you have probably have seen data showing that 70% of the 86 Chicago residents who have died from COVID-19 were African Americans while the city's population is 29% black. Data from other cities reflects this same disparity, which is why the work we do collectively to improve the health of marginalized communities and to fight against systemic racism is vital today more than ever.

Here are three perspectives on the newest example of deadly racism.

[Coronavirus Pandemic](#), CNN, April 7, 2020

[COVID-19, Black America, and the Deadly Cycle of Racism](#), by Aisha N. Davis, Esq., Director of Policy for AIDS Foundation of Chicago, and Board Member of PHIMC

[Lightfoot declares 'public health red alarm' about racial disparity in COVID-19 deaths](#) by Fran Spielman, Chicago Sun-Times, April 6, 2020



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## Good News

- [The Families First Coronavirus Response Act \(FFCRA\)](#) effective on April 1, 2020, requires certain employers to provide their employees with paid sick leave or expanded family and medical leave due to COVID-19. Employees are eligible for:

- 80 hours of Paid Sick Time at full pay if they're affected by the virus or the quarantine, and
- 80 hours of Paid Sick Time at 2/3 pay to take care of a loved one.

Additionally, employees who have worked at least 30 days before the requested leave are eligible for 12 weeks of FMLA at 2/3 pay.

- [WIC](#) is still serving families and continuing daily operations during the COVID-19 pandemic.

# WIC Here for You During COVID-19



## WIC is Open

Services and office hours may look different, with many offices offering phone services and curbside pick-up of WIC benefits.



## WIC Serves

Pregnant, breastfeeding and postpartum women, infants, and children up to 5.



## WIC Offers Nutritious Foods

Women and Children  
1-5 years old

Whole wheat bread and tortillas, cereal, milk, eggs, cheese, peanut butter, beans, and fruit and vegetables.

Breastfeeding Infants

Infant cereal and jarred infant fruits, vegetables, and meats.

Non-breastfed Infants

Formula, infant cereal, and jarred infant fruits and vegetables.



## WIC Staff Provide

Breastfeeding support, nutrition education and referrals to various community resources.



## Qualify for SNAP?

You may be eligible for WIC too!



## Don't Qualify for SNAP?

You may still qualify for WIC, check out our income guidelines:

Family Size	Weekly	Monthly	Yearly
1	\$445	\$1,926	\$23,107
2	\$602	\$2,607	\$31,284
3	\$759	\$3,289	\$39,461
4	\$917	\$3,970	\$47,638
5	\$1,074	\$4,652	\$55,815
6	\$1,231	\$5,333	\$63,992
For each additional family member add	\$158	\$682	\$8,177



To find a clinic near you: <http://bit.ly/WICOfficeLocator>

Or call the automated office locator line:

1-800-323-4769 (voice) 1-866-295-6817 (TTY)

WIC does not require proof of citizenship or immigration status.

*This institution is an equal opportunity provider.*



## Additional Resources

### For immigrant communities

- [Protecting Immigrant Families](#) shares information about immigrant eligibility for public programs during the COVID-19 pandemic.
- [National Immigrant Law Center](#) created a [policy brief](#) on understanding the impact of key provisions of COVID-19 relief bills on immigrant communities.

- **Migration Policy Institute** released a [fact sheet](#) on the vulnerability of immigrant workers during the COVID-19 pandemic.

SOURCE: [AIDS Foundation of Chicago](#)

## For care managers and patient navigators

- COVID-19 Health Literacy Project: [COVID-19 fact sheets in 30 languages](#)
- Community Catalyst: [Grassroots Organizing Strategies that Comply With Physical Distance Protocols](#)
- VitalTalk: [COVID Ready Communication Playbook](#)
- Respecting Choices: [COVID-19 Resources](#)
- Brown University: [Combating Social Isolation Via Virtual Visits - Conversation Guide](#)

## For non-profit leadership

- WiredImpact is collecting [resources and links](#) to help non-profit organizations in their responses to COVID-19, including information about human resource management, fundraising, communications, event planning and more.

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# PHIMC Opportunities

## AmeriCorps

Learn more and apply today at [bit.ly/AmeriCorpsPHIMC](https://bit.ly/AmeriCorpsPHIMC)

- National Health Corps Chicago seeks AmeriCorps member applicants for the 2020-2021 service term.
- Substance Use Disorder (SUD) Allies seeks AmeriCorps member applicants to serve Illinois communities full-time or part-time beginning now or in the Fall, even while we shelter-in-place.



## Illinois Safe Schools Action Camp

Action Camp is a 5-day sleep-away leadership camp for rising 8th-12th grade LGBTQ+ youth and allies across Illinois that our Illinois Safe Schools Alliance program hosts every year in partnership with Youth Services. This year, camp is scheduled to take place August 3 - 7, 2020.

[LISTEN TO TESTIMONIAL](#)

Applications are open through the end of April:  
[http://bit.ly/AC20app](https://bit.ly/AC20app)

# A Moment of Levity

*Whether or not you just emerged from an adaptive Easter celebration, you may find a moment of levity here with these cats in bunny ears ringing bells.*



Cats in bunny hats ring bells

[Play Here](#)

*Thank you for your work and support.*

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**Public Health Institute of Metropolitan Chicago**

<http://www.phimc.org>

**info@phimc.org**

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